

# Community Counsellor Training 2025 Level 1 : Registration Form

DATES: 22/23 Feb & 8/9 March 2025

**TIMES:** Fridays: 18H00-21h00

Saturdays: 9H00-16h30 Sunday: 14H00-17H00

**VENUE**: To be confirmed

COST: The cost of the course is R1600. A deposit of R600 together with this booking from, will secure your place on the course. The balance of the fees is due by the first day of the course. This cost includes the lectures, manuals and certification. Tea and coffee with biscuits will be provided.

### **COURSE DETAILS:**

This is a 60 hour foundation course in Christian Lay Counselling. Completion of this course will help you decide on whether you should pursue counselling or not. Provides 20 CPD points.

Participants should have recognised leadership qualities and functional ability to read and write in English. Please note that you will be expected to attend all six days once a place has been allocated. There are a limited number of places, and non-arrival or partial attendance means someone else is denied the opportunity. No refunds will be given.

## This Course Covers:

- Confidentiality.
- Aspects of Christian belief in counselling.
- Differences between 'counselling' & ministry'.
- The role of a Christian counsellor.
- Listening and empathetic counselling skills.
- Understanding the pain of rejection.
- Secular & Christian counselling approaches.
- Counselling practice.
- Self-awareness.
- Supervision.
- Small Group activities.

- Management & recording of sessions.
- Theology.

# What will be provided:

- Tea and coffee
- Course Manual
- Trainer/s
- Safe venue
- Project tools

# Learners are requested to:

- Bring their own pens, pencils, paper
- Arrange transport to and from venue.
- Bring own lunch

## **BOOKING FORM & TRAINING AGREEMENT:**

Course Convenor: Chantal Philander

WhatsApp: 068 7 49 59 39

Email: training@upside.org.za

BANK DETAILS: Bank: FNB Cheque Account

Account Nr.: 63029525631
Reference: LVLI <your name>

This training course is presented by Upside Community Services NPC (2021/395510/08) under their ALONGside Programme in partnership with Phillipi Trust SA.